

General Resources		
Vermont 211/Help Me Grow Vermont Vermont 2-1-1 is the number to dial to find out about hundreds of important community resources, like emergency food and shelter, disability services, counseling, senior services, health care, child care, drug and alcohol programs, legal assistance, transportation agencies, educational and volunteer opportunities, and much more. The Vermont 2-1-1 call center is available 24 hours a day/seven days a week.	http://www.vermont211.org	2-1-1
Vermont Department for Children and Families: Economic Services Division (ReachUp, 3Squares Vermont, ect)	www.dcf.vermont.gov	1.800.479.6151
Medicaid/Dr. Dynasaur	http://info.healthconnect.vermont.gov/Medicaid	
Child Care Resources		
Building Bright Futures	www.buildingbrightfutures.com	802.867.5010
Champlain Valley Head Start	www.champlainvalleyheadstart.org	802.651.4180
Child Care Resources	www.childcareresources.org	802.863.3367
Breastfeeding Resources		
La Leche League		879.3000
WIC Peer Counselors	http://healthvermont.gov/wic/food-feeding/breastfeeding/	802.863.7333
Mental Health Services		

<p>Howard Services: CRISIS/First Call for Adults</p> <p>The <u>Mobile Crisis</u> Team provides immediate crisis intervention and evaluation services to Chittenden County residents 18 years and older—and their support systems—who are experiencing a mental health crisis.</p>	<p>www.howardcenter.org</p>	<p>Mobile Crisis 802.488.6400.</p>
<p>Howard Services : First Call for Children and Adolescents</p> <p><u>First Call</u> helps children, adolescents, and families with children in crisis, 24 hours a day, 7 days a week.</p>	<p>www.howardcenter.org</p>	<p>First Call 24/7 Crisis Line Phone: 802.488.7777</p>
<p>Howard Services: Adult and Substance Abuse Programs</p>	<p>www.howardcenter.org</p>	<p>(802) 488-6600 To find out which program may best suit your needs and to answer any questions you may have, contact our intake coordinator at: Phone: 802.488.6103.</p>
<p>Howard Center: Children, Youth and Family Services Howard Center Child, Youth, and Family Services provides an extensive array of services in numerous settings throughout the community. The specific type, location, and extent of services is determined by the individual needs of children and families.</p>	<p>www.howardcenter.org</p>	<p>For general information about Howard Center's Child, Youth, and Family Services, call: Phone: 802.488.6600. To find out which program may best suit your needs and to answer any questions you may have, call our Child and Families intake coordinator at: Phone: 802.488.7777</p>
<p>Family Education and Support</p>		

Children's Integrated Services at VNA of Chittenden and Grand Isle Counties	www.vnacares.org	802.652.0296 802.860.4425
Beginnings: A Center for Childbirth and Parenting Education	http://www.beginningschildbirth.com/	802.658.5959
Vermont Family Network	www.vermontfamilynetwork.org	1.800.800.4005
VNA Family and Children's Services	www.vnacares.org	860-4425
Lund Early Childhood Program Vermont	www.lundvt.org	864-1619
Child/Family Abuse		
Vermont Department for Children and Families: Family Service Division	http://www.dcf.vermont.gov/fsd	1.800.649.5285
Chittenden Children's Advocacy Center	www.chittendencac.org	652-0391
Victim Advocate		652.2069
Women Helping Battered Women Women Helping Battered Women (WHBW) has evolved into the largest service provider for domestic abuse victims in Vermont, serving Chittenden County. We believe that all adults and children have the right to live without fear of abuse – sexual, physical, emotional, or financial.	http://www.whbw.org/	HOTLINE 1-800-658-1996
Women's Rape Crisis Center – Hope Works	www.hopeworksvt.org	802.863.1236 (HOTLINE) 864.0555 (Regular)
Vermont Network Against Domestic & Sexual Violence	http://www.vtnetwork.org/	1-800-ABUSE95 a toll free number from anywhere in Vermont
Family Playgroups and Support Groups		

Boys and Girls Club of Burlington	www.bandgclub.org	802.864-5263
Circle of Parents Support Groups	www.pcavt.org	1.800.CHILDREN
Families Together		802.893.1776
Nuturing Parenting Programs	www.pcavt.org	1.800.CHILDREN
Milton Family Community Center Childcare and Education Programs for Children		893-1776
VNA Family Room Saint Joseph's School	www.vnacares.org	860.4420
Winooski Family Center		
	Special Needs	
Adolescent		
Connecting Youth in Chittenden South	www.seewhy.info	802.383.1230
Essex CHIPS, Inc	www.essexchips.org	802.878.6982
King Street Youth Center Teen Futures Program	www.kingstreetcenter.org	802.862.6736
Partnerships for Youth and Community Empowerment		651.4001
Vermont Adult Learning	www.vtadultlearning.org	802.846.7228
Nutrition/Healthy Living		
UVM Extension Expanded Food and Nutrition Education Program (EFNEP)	www.uvm.edu/extension	802.656.3131
The Greater Burlington YMCA	www.goymca.org	802.862.YMCA (Burlington) 655.YMCA (Winooski)

Legal Aid		
Vermont Legal Aid	www.vtlegalaid.org	1.800.889.2047
	Special Needs	
Kayla's Directory	www.kaylasdirectory.org	
Children With Special Health Needs	http://healthvermont.gov/family/cshn/cshn.aspx	802.863.7338
University of Vermont I Team - Center for Disability and Community Inclusion	http://www.uvm.edu/~cdci/iteam/?Page=quickfacts.html	802.656.1132
Vermont Children with Special Health Care Needs	https://www.disability.gov/resource/vermont-children-with-special-health-needs/	1-800-660-4427
Vermont Special Education Laws	http://education.vermont.gov/special-education/laws	

